

## Grace is the Place!



## Children Welcome!

Children are a gift to this community, and are welcome at all services. Our 9:30 am family service on Sundays is the most child-friendly, with child-led readings, a children's sermon, and child-friendly songs. We also offer church school activities for grades K-5, junior youth group for grades 6-8, and a senior youth group for grades 9-12.

## Keep in Touch!

To learn more about Grace Church, email the parish office (see below) and sign up for weekly emails about church events and activities. Check out our website as well.



**Grace Episcopal Church**  
130 1st Avenue, Nyack, NY  
10960  
845-358-1297

### Rector:

The Rev. Dr. Dustin Trowbridge

parishoffice@gracechurchnyack.org  
Web: [gracechurchnyack.org](http://gracechurchnyack.org)  
FB: [facebook.com/gracechurchnyack](https://www.facebook.com/gracechurchnyack)  
IG: [gracechurchnyack](https://www.instagram.com/gracechurchnyack)



## New to Grace Church?

### Beginners' Guide

Living the Way of Jesus in unity through our witness, action, and reconciliation.





## What's an Episcopal church?

### Who we are

Grace Church is an Episcopal church, which is part of the Anglican Communion of 80 million members worldwide. "Episcopal" simply means governed by bishops. A few features:

- All are welcome and all are loved, from any race, orientation, gender identity, faith background, or no faith.
- There is freedom to explore your beliefs.
- Women participate fully at all levels in the life and leadership of the Church.
- We take the Bible and its interpretation seriously.
- Church is much more than the building – it's the people. Yes, we go to church, but our greater challenge is to **be** the church.
- Our calling is to love and serve everyone, especially poor, needy, and oppressed people.

## What goes on in a service?

### The liturgy

- Our liturgy, or worship format, is taken from our Book of Common Prayer, and includes recited prayers (some of them sung), hymns (spiritual songs), scripture readings, a sermon, a creed, an offering, and music from the organ and choir.
- In the service, the priest retells the story of God's love and Jesus' sacrifice for the world, and together we celebrate Eucharist (or Holy Communion) by sharing the bread and wine as an outward sign of Christ's Body and Blood, an inward spiritual grace.
- Finally, we give thanks for what God is doing in the world and in our hearts, and we go forth to love and serve God in our world.
- Consult your worship leaflet to figure out when to stand, sit, kneel, sing, etc. as you are able and feel comfortable. All actions are voluntary.
- Episcopalians observe the "seasons" of the church year, including Lent, Easter and Pentecost.



## How do I get involved?

### Beyond the service

- Drop off non-perishable food items for People to People in the back of the church.
- Join a Bible study or Book Group.
- Attend an evening event on a current topic, poetry/scripture readings, or harp meditation.
- Make sandwiches for Midnight Run delivery to homeless people.
- Join the choir.
- Join the Women's Spirituality Group.
- Join the Garden Committee.
- Volunteer at Grace Thrift Shop.

### After you've been here awhile

- Volunteer to read scripture during the service.
- Host a coffee hour or help with social events.
- Teach/assist with church school.
- Help with our junior or senior youth group.
- And much more!